

Bug Out Bag Checklist (Basics)

Here is a quick essentials checklist for your bug out bag. There might be some items you want to add to this, but these items are the essentials. Hopefully they will help you in putting together your bug out bag.

Food

Water

Water Filter

Tarp

Survival Rope / Paracord

Knife

Fire Starter

Mess Kit

Utensils

First Aid Kit

Protection

Emergency Whistle

Survival Blanket

Fishing Hooks

Fishing Weights

Fishing Line

Water Proof Bag / Container

Compass

Map

Paper & Pencil / Pen

Many of these items can be found on [Amazon](#), and for more bug out bag info check out our site [here!](#)